

## **1. Santa's Sack Relay**

### Equipment

- Hoops
- Beanbags
- Buckets or boxes
- Santa sacks (or cones marking a collection point)

### How it works

1. Split children into teams.
2. Place a pile of beanbags ("Christmas presents") at one end of the hall/playground.
3. One child at a time runs to collect a present and returns it to their team's Santa sack. Add obstacles such as:
  - o Hop through hoops
  - o Side-step between cones
  - o Bear crawl under a rope
4. Teams have 10-15 minutes to collect as many presents as possible.

### Curriculum links

- Running and changing direction
- Coordination and agility
- Teamwork and communication
- Understanding simple tactics

## **2. Santa's Workshop Circuit**

### Equipment

- Hoops
- Cones
- Beanbags
- Skipping ropes
- Balance spots/benches if available

### How it works

Set up 5-6 activity stations and rotate every 2-3 minutes.

#### Station 1: Present Delivery Run

- Shuttle runs carrying beanbags.

#### Station 2: Chimney Jump

- Jump in and out of hoops.

#### Station 3: Reindeer Training

- Skipping or agility ladder movements.

#### Station 4: Snowball Throw

- Throw beanbags into hoops.

#### Station 5: Ice Rink Balance

- Balance challenges along a line or bench.

#### Station 6: Santa Sprint

- Short shuttle runs around cones.