

Shooting Star Children's Hospices Risk Mitigation Statement – COVID-19

Our risk mitigation statement is our strategy to lessen the chance of COVID-19 transmission at all Shooting Star Children's Hospices events. This includes our Sunrise Walk (SRW) series and any third party event where #TeamShootingStar will be gathering such as the Virgin London Marathon or Royal Parks Half Marathon.

As the COVID Alert Level is ever-changing, Shooting Star Children's Hospices will continue to monitor the current level and action appropriate controls as necessary to manage the risk of possible coronavirus transmission.

- All participants, staff, volunteers and spectators must undergo a self-assessment for any COVID-19 symptoms. No one should leave home to participate, support or work/volunteer if they or someone they live with, has any of the following:
 - A high temperature
 - A new, continuous cough
 - A loss of, or change to, their sense of smell or taste.Should an individual have demonstrated any such symptoms, they must follow NHS and PHE guidance on [self isolation](#).
- All staff and volunteers to attend a full COVID briefing to be held via Zoom pre-event and to sign to confirm they have attended and will adhere to all COVID measures in place.
- COVID secure measures detailed in event waivers which all participants must sign ahead of participation (SRW series only).
- All participants to receive an on the day guide detailing the COVID secure measures in place. For third party events, these will detail how Shooting Star Children's Hospices are working to reduce possible transmission to our participants/spectators but the overall responsibility lies with the third party event provider and the individual. We will share the third party event organisers COVID safety measures when and where available.
- All staff and volunteers to wear face coverings and appropriate PPE where necessary as well as adhering to social distancing measures at all times.
- Temperature checks in place where appropriate at all events organised by Shooting Star Children's Hospices (SRW series and London Marathon post race reception) before staff/volunteers/participants and spectators enter the venue/event site.
- Participants to wear face covering in all venues/areas where social distancing may not be possible, for example at registration, rest stops and meeting points.
- Fully signed one way flow in place at all entrance/exit points of venue/event site with hand sanitiser stations at all entrances.
- Signage throughout venue/event site reminding all present to wear face coverings where necessary, use hand sanitiser and ensure social distancing at all times.
- Sunrise Walk series only
 - Participants will be given an arrival/registration time and split into waves for a staggered start. This will ensure a spread of walkers along the route and minimise possible bottlenecks.
 - Wave numbers will depend on current government guidelines and will be amended accordingly in line with guidance for specific COVID Alert Level at the time of the event.
 - Participants advised to adhere to social distancing guidelines between people from different households. This means a distance of 2 metres. If 2 metre distancing is not possible as will be the case along narrow stretches of the route it is advised that face coverings are worn and face to face contact is avoided where possible.

Participants have been advised to respect other users on the route and pause to allow users to pass at a safe distance.

- Water will be available at rest stops but this will be bottled and sealed.
- No fresh food to be handed out at rest stops. All refreshments will be individually wrapped and sealed.
- Finishers medals will not be placed on participants but individually wrapped medals will be handed to finishers by staff/volunteers in full and relevant PPE.

We are aware that the measures listed above involve an increased use of single use plastic.

Where possible and where available, bottles and packaging made of recycled plastic will be sourced and recycling bins will be available at rest stops and at the start/finish event site.

- Where possible participants/staff/volunteers advised ahead of event of shared contact points (road crossings, gates, styles etc) and use of hand sanitiser before and after use.
- Currently tbc – if providing breakfast as we have done in previous years, SSCH will ensure caterer has all relevant COVID safe measures in place. Social distancing markers will be placed to ensure a 2m distance is adhered to whilst queuing.
- Toilets onsite will have appropriate social distancing queuing system in place with hand sanitiser available.

Your safety and the safety of our community is paramount and we want to ensure we are doing everything possible to minimise the risk of coronavirus transmission.

Coronavirus specific risk assessments have been undertaken for all events. Should you wish to see the risk assessment or have any questions regarding the above mitigation statement, please contact Alexa Dizon, Head of Challenge Events on 01483 230 960 or email events@shootingstar.org.uk.